

## 6 Tips to Follow to Win Your Ex Back

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Follow the six simple guidelines in this article, you can get past the heartbreak and move on with your life.

Life can be hectic when you are in the midst of a breakup. However, your life doesn't have to feel like or look like a wreck to win back your ex. In fact, by following six simple guidelines, you can get past the heartbreak and move on with your life. If you fail to contemplate these guidelines, winning back your ex will be very hard. They are:

### **Tip 1 - Don't Be Aggressive**

One of the most important things you should know is not to be aggressive when you are attempting to get back together with your ex. Instead, let your ex have the space he or she needs so they can work through their own emotions. When trying to win your ex back please do not pressure them into giving you another chance, you do more harm than good. When you are constantly seeing one another, you can't move past the hurt that you both feel. This leads to increased anxiety and more anger.

### **Tip 2 - Use Your Pain**

It's natural to feel upset about the breakup. You wouldn't be human if you didn't feel the hurt. However, this pain should never control what you do and how you go about doing things. Instead, use your pain to keep you moving forward. Motivate yourself by figuring out what went wrong in the relationship.

### **Tip 3 - Don't Try Changing Your Ex**

Many people believe that making a relationship work means to fix/change things about their ex. This isn't undefined. The only person who can change your ex is your ex. Just like you can only change things about yourself. It's up to you to fix your own problems. If you want your ex back, only you can win them back. Not anyone else can win them back for you.

### **Tip 4 - Don't Believe Everything You See**

If you are out on the town with your friends, don't be too shocked if you see your ex out with someone else. The chances of the relationship being a rebound are great. You should also do a rebound relationship yourself to help you move things along. Just because your ex is seeing other people does not mean that you don't have another chance to win them back. There is always a chance when it comes to love and relationships.

### **Tip 5 - Hanging on When It's Final**

Learn to know when to move on. If you know the relationship isn't meant for a second chance but you can't help but feel that you need to stay in your ex's life, you may be considered a stalker. This is more so, if your presence is not wanted. Make sure you recognize that the relationship failed and that you have moved on with your life as they have done so for themselves.

### **Tip 6 - Recognize and Fix the Relationship Problems**

Make sure that you fix the problems that plagued your relationship the first time around. If you try to get back together without fixing them, the relationship will be doomed from the start. You both do not want the same mistakes to rear their ugly heads so make sure you work them out before making a second go-around of the relationship. If things return back to the way they were before, there's a good chance the relationship will fail again.

You won't be able to win them back if you stay depressed and hope your ex will return. Try following these 6 tips and guidelines; it does help win your ex back as well as to move on with your life.

Teecee Go writes articles focusing on love, romance and save relationship helping people get back with their ex. Get the best information you need at <http://breakupcures.com/MakingUp.php> You can find out how people win their ex love back using the unconventional method, the fact is thousands have benefitted by visiting

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