

## 7 Signs Your Wife is Cheating

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There are times when you may suspect that your wife is cheating. Instead of living in a state of doubt and suspicion, you should know the important signs that will help you to determine that she is indeed cheating. However, you should not jump to conclusions when you see one or two signs, as there may well be another valid reason. However, when you see almost all of them, it is time to watch out and make necessary corrections in good time.

Here are the important signs that will show you that your wife is cheating.

### 1. She no longer discusses her day with you

In general, women tend to be more open and share about how their days have been. If your wife used to do this but she has suddenly turned rather mum, it indicates that something is wrong somewhere. It shows that she does not want you to know what is going on with her life. However, this may be due to other reasons, so you should take time to find out the truth instead of labeling her as a cheat. Try to ask her about how her day has been and note the way she responds.

### 2. She shows unusually high interest in you

Your wife will try to cover her tracks by making you believe that she is very interested in you. She may ask almost everything about your life and schedule – something that she used to take for granted. This may be her way of stopping you from focusing on her own life.

### 3. Increased temperament

There are hormonal changes in a woman's life that tends to make her become more temperamental on some occasions. However, when you notice that her state seems to get too far, chances are that there is another reason. This could be because she has started an affair, so you need to take time to find out what is really making her that temperamental. But you need to be very tactful to avoid blowing up an already explosive situation.

### 4. Lack of emotional attachment

When you feel that your wife is getting emotionally detached from you in spite of your efforts to the contrary, it could be that she is withdrawing because she feels hurt. The guilt feelings that she may have can easily make her build up emotional barriers between you. You should determine what it is that makes her draw away from you, whether it is something you have done or she has done.

### 5. Lack of interest in spending time together

If your wife used to enjoy spending time with you but she no longer makes any effort, this is a warning signal. Perhaps she used to try very hard to get your attention, including prying you from the TV. If this does not happen any more, it could be that she enjoys her time with another person.

### 6. Withdrawal from sex

Sex and emotional attachment goes hand in hand in women, and such a withdrawal will show that she has become distant from you.

### 7. Increased interest in her appearance

If she suddenly develops a great interest in how she looks, it may be because she is trying to look great for another person.

If you suspect that your wife is pulling away from you, you feel that it hurts you deeply. What is important is you need to know [is she cheating?](#) Visit [www.marriagecure.com](http://www.marriagecure.com) there are [get your wife back](#) proven strategy to learn how to handle the situation and how to start to re-establish a stronger relationship.

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