

## 8 Fun Facts About Your Breasts

---

Read 8 fun facts about your breasts. Did you know that the left is usually larger?



Let me share with you 8 fun facts about your breasts.

### **Fact 1. They can get out of shape from your sleep.**

Sleeping facedown won't deflate your breasts, but it can make them misshapen over time. The best sleeping position is to sleep on your side, with a pillow under them for support as you sleep. I would recommend using lotion or cream daily to keep them in shape. If you would like to enhance your breast at the same time, use ANBES Nanotechnology Breast Serum. Free samples can be obtained at [ANBES.com](http://ANBES.com)

### **Fact 2. About 2 million of women have fake breasts.**

About two million women in the United States have breast implants, with 250,000 going under the knife each year. The average age of a woman who gets implants is 34, and 90 percent do it after they have had kids. Most women increase by 2 cup sizes after the implants. But not every women who underwent implants are always happy with the results: about 6% of women with breast implants return for a size adjustment or to have them taken out altogether.

### **Fact 3. Watch out, they can get sunburned even if you're not topless.**

Apply sunscreen lotion with a minimum SPF 15 plus UVA and UVB protection each time you hit the great outdoors in your bathing suit. Without it, premature wrinkling and brown spots most probably will find their way onto your precious pair. You can try out ANBES Absolution Protection cream specially formulated for breasts. Its properties can enhances your breasts at the same time! You can get more product info at [ANBES.com](http://ANBES.com)

### **Fact 4. Cleavage is not Determined by Breast Size.**

2 women with same cup size may not have the same cleavage. Woman's breasts that are fuller in the middle will have greater cleavage. Woman with only an A or B cup but with her breasts naturally set close together, can have nice cleavage too. In addition, if your body is narrow below your shoulders, you'll have an easier time creating a deeper valley between your 2 peaks.

### **Fact 5. They hate to bounce around.**

Running and aerobics can cause your breasts to bounce around, inadequate support will result in breast sagging earlier, and breast pain the next day. Wear a sturdier sports bra that has underwire and molded cups, no matter what your size.

### **Fact 6. But the right exercise can give them a little lift.**

Regularly exercising the pectoral muscle in your chest can help to make your breast perkier and create the illusion of cleavage. Push-ups and chest presses are your best boobs boosting bets.

### **Fact 7. Take them to see your Doctor at the right time.**

Because your boobs are at their smoothest and least tender the week after your period, it's the best time to have your doctor check out any unusual lumpiness or swelling.

## **Fact 8. The left is usually larger.**

No two breasts are exactly the same size, and it is usually your left breast that is bigger than the right side. However, often the difference is so slight, you'd never notice they are of different sizes.

The above information is found in Ms Yvonne Lee, internationally acclaimed book "To All Women Who Want To Enhance Their Breasts Naturally, But Don't Know How To Start". It describes and details the most important breast enhancement techniques from every corner of the world. Author Yvonne Lee, provides an unbiased pro-and-con analysis of each technique, in addition to practical information such as how and where to get it, cost, and potential impact on insurance coverage. The ebook version of the book is now available at: [www.breastenhancementbook.com](http://www.breastenhancementbook.com)

### **Short note about the author**

*Julie Walker is the customer service guru of <http://ANBES.com>*

---

Author: Julie Walker

Article downloaded from page [eioba.com](http://eioba.com)