

## Attractive Women - What do Men Really See as Attractive?

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### **1) Do you put forth effort to stay physically fit?**

Do you exercise and try to eat healthy? We're not talking about weight loss or looking like a model. Women who put forth this kind of effort are automatically more attractive to men. These women feel better about themselves, are healthier and it shows.

### **2) Is your attitude positive or negative?**

Women with a positive attitude will be viewed as being much more attractive than those who have a negative attitude.

### **3) Are you self-absorbed?**

Ok, this is sort of a tricky one as most people are quite self-centered. What's important is the level of interest you show in other people. Women who show genuine interest in a man (opposed to talking all about herself) will always appear more attractive.

### **4) Do you dress tasteful or tasty?**

Would you rather be viewed as a steak or a sexy woman? Men can't help but notice (and enjoy) a woman dressed tasty. It's sort of like a dog licking its butt - its automatic - a reflex. However, it's not attractive to him in the way you desire. Often, men are "turned off" by women who dress tasty. Unless you're looking to be enjoyed like a one evening juicy steak - dress tasteful. Don't get me wrong - dress appealing but not sleazy.

### **5) Smiles are always attractive.**

A great smile will take years off your age. Isn't that a woman's dream - to be younger? Practice smiling more and the years will come off. Not a fake smile like you see in magazines and photo shoots - but a genuine smile.

### **6) A "gentle and quiet spirit" is always attractive.**

Wait, before you get upset - think of the opposite of Rosie O'Donnell. If you want to look attractive in a man's eyes - keep a "gentle and quiet spirit" toward him. Let go of those years "baggage".

## 7) Lastly, don't look at yourself in terms of what you're not.

Look at yourself in terms of what you are. Why? Simply put, when your attitude is focused on looking better, younger, thinner, prettier, etc. - you never measure up in your own eyes. Men can smell this "insecurity" a mile away and it's not attractive. Focus on those things you have. All women can take positive action with each item in this list. When you feel better about yourself on the inside - you'll look great to the men around you.

### About the Author

Mr. Welch is a student of business, life, love and marriage. He also owns and operates an online retail holster store - [Pyle Mountain Holsters](#). Also, visit his [Marriage And Love Blog](#).

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