

Getting Your Ex Back: 2 Big Mistakes to Avoid

Some mistakes you can see coming from a mile away. Others are done on whim. There are all kinds of emotions when a breakup has taken place.

You're on a mission. What is this so-called mission? It's the mission that helps you to get your ex back. However, there is so much to do and so much stress involved with a breakup that both men and women, make horrible mistakes. If you aren't careful, those bad mistakes can ruin any chance of getting your ex back.

Some mistakes you can see coming from a mile away. Others are done on whim. There are all kinds of emotions when a breakup has taken place. Rushed choices can be made that lead you to hamper your efforts. However, if you know what you are looking for, you can avoid these mistakes.

Big Mistake Number (1) - Showering Your Ex with Too Much Attention

This mistake typically occurs right after the breakup. Many people go into panic mode when they have been dumped. They feel that all they need to do is give their ex some extra attention to getting them back. Actually this is the worst thing you can do. By doing this, all you are doing is reaffirming their decision that they needed to dump you.

When your significant other dumps you, it's a sign that they need some time for themselves. While they may want more than one month's time, this is a sufficient amount of time for no contact. It gives you and your ex some chance to change what you don't like about yourselves. If you should work or go to school together, avoid one another or be civil but don't get personal. You may want to talk with them about good or bad things going on in your life but keep yourself from doing this.

You need to stop thinking about your ex because this only makes the breakup harder to deal with. You'll feel even more lonely and desperate. You may even get resentful to the point reconciling is not an option anymore. You want your ex to miss you so give them the chance to do this. Stop any communication with your ex.

Big Mistakes Number (2) - Negative Behavior

When you are dealing with the pain and loneliness in your heart, it's not hard to fall into some negative behavior such as drinking and doing drugs. However, if you want a second chance getting your ex back, this negative behavior can have dire consequences.

- First off, the pain is numbed only for a few hours and then this back with vengeance.
- Second, you may find yourself calling your ex in the middle of the night, begging and pleading for a second chance. This is called drunk dialing and it is the worst thing you can do for yourself. If they answer the phone, all they'll get is you slurring your words, making a fool of yourself.

In the morning, you'll want to die from the embarrassment of it all. You'll feel awfully stupid and confirm what they thought about you... that you are a psycho, needy and desperate. Your goal should be to prove to your ex that you can go on without him or her in your life. That image can't be portrayed if you do something as foolish as that. Remember that you have a lack of self control when you use drugs or alcohol so the best thing to do is stay away from these negative impulses.

These 2 mistakes can cost you not only your ex but your self-respect so completely avoid them but also know that

even if you have already made them there is still hope. Don't repeat these mistakes if your goal is thinking of getting your ex back.

Teecee Go writes articles focusing on love, romance and save relationship helping people get back with their ex. Get the best information you need at <http://www.BreakupCures.com> You can get your love back using the unconventional method, the fact is thousands have benefitted by visiting <http://www.TheMagicOfMakingUp.com>

Author: Teecee Go

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