

Getting Your Ex Back with No Contact – How This Can Be Done

Of course, if you want to get your ex back, you're going to need to be available. Yet, you can also play the part that you've moved on.

You should think of getting your ex back as a game. Why? Like a game, you have to follow some rules in order to win back your ex. Communication is the key to the game and you have to understand when not to cross over into too much communication. Of course, if you want to get your ex back, you're going to need to be available. Yet, you can also play the part that you've moved on. The trick is to play that part just right.

Try to take about a month of no contact with your ex. It is advisable. Keep in mind that while you're thinking about her and wondering what she's doing, it's likely she's thinking about you and wondering how you're doing. If you're constantly in her face, she'll already know...or at least think she does.

This technique works because what it forces your ex to do is realize she has to live with the decision of cutting you out of her life. She might just come to see what a mistake that was. She'll see what she has to deal with when it comes to not having you a part of her life anymore and she'll realize she wants you in her life more. That means she's more likely to call you back and suggest to you about getting back together.

Though no contact is ideal, not everyone has such an opportunity during a breakup. However, just because you have to be in your ex's life, doesn't mean you have to be a dominant part of it. You can still step aside and let her live the single life she wants for a bit.

Don't let her take advantage of you. She might try to convince you that you should stick around as "just friends". That's just going to make it harder for you to deal with the fact you're still doing things for her and she's not doing anything for you. You're the only one losing in this sort of relationship.

If you remain too much in her life, she's not going to learn anything. She'll think that she can take advantage of you and that you'll still do for her the same favors you did before. In fact, you're actually giving her a reward for hurting you. If she wants things from you... let her know that you want a commitment from her, too.

Are you thinking non-stop why you and your ex broke up? There is hope you can [get back with your ex](#) Find out how using this unconventional method works like magic and why thousands have benefitted when they visit [the magic of making up](#) or www.themagicofmakingup.com/makingup

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