

How to Deal With Cheating Before Marriage

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Cheating is something that shakes relationships that are in any stage. Whether your relationship has lasted for many years or you are just in the initial stages, cheating can easily bring a lot of 'bad blood' between you. Although dealing with affairs can be quite challenging, you do not have to let it bring down your relationship.

Cheating is very damaging because it hits at the foundation of a relationship - trust. Cheating is a betrayal of trust irrespective of the stage at which your relationship is. While people usually think of marriage when speaking about cheating, trust is something that develops before you make the commitment. [If a partner cheats](#) before marriage, it will still be a mark of betrayal of trust.

Whether you are married or not, cheating can still take place. Does what you do feel as if you are not honest with your partner? If you feel that you need to keep what is going on from your partner then you are effectively cheating.

Whatever the case, you should understand that it is only you and your partner who can decide whether you want to strengthen your relationship or part ways. This means that you will need to discuss the issue and reach a solution that you both agree on. Maintaining a stony silence will not magically make the problem disappear, and none of you will feel any better.

If you want to deal with cheating before marriage, here are some of the measures that you should consider.

Make a decision one way or the other

It will understandably be difficult to deal with cheating, even more so if your relationship has been around for quite some time. You will need to decide whether you want to end the relationship or go on and develop a stronger bond. When cheating occurs before marriage, you can use this as a stepping stone toward building a stronger relationship. You may decide to make a stronger commitment that will make your relationship have more official grounds. This form of commitment does not necessarily have to be marriage, but it should at least be formal.

Have time for your partner

We live in a busy world where people have hectic schedules. You may be so busy with other commitments that you push your relationship to the background. You may leave just leftover time for your partner, which will strain your relationship. You should include your partner in your itinerary, scheduling time for just the two of you. When you spend quality time together, neither of you will have the time to contemplate another relationship.

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