

Lies, Sex and Cheating – Is It the End of Your Marriage?

All these things show how bad cheating is. However, does cheating have to mark the end of your marriage?

Cheating involves many other intricate details that people tend to take for granted. It is true that cheating is a betrayal of trust. However, there are many other things that go hand in hand with cheating. There are many other factors that come into play depending on the kind of affair.

Here are some important things to bear in mind.

Sex and the modern world

Although it has always been risky having sex with someone to whom you are not committed, the risks are even higher in the present world. For one, the outbreak of sexually transmitted diseases has reached epidemic proportions. When one partner cheats, it puts even the other faithful partner at great risk. The numerous precautions that people take do not make such sex safe at all.

Lies destroy trust

While cheating by itself destroys trust, the lies involved further destroy this trust. If you are cheating on your spouse, you are bound to lie in an attempt to cover your tracks. When the time reaches that your partner discovers about your affair, the things you have been saying will be doubted. The problem with this is the fact that your partner will find it difficult to believe the things you say as you try to mend your relationship. Rebuilding the lost trust is something that takes time, which means that there will be a lot of lingering doubt in your relationship.

Cheating goes to the height of betrayal

The partner who has been cheated on will have very many questions. Some of the bothering issues include why the cheating took place, how long it has been going on, how many people have been involved, and who they are. The affected partner will also want to know how often the cheating took place, where it happened, and many other things. All these show the kind of betrayal that cheating involves.

All these things show how bad cheating is. However, does cheating have to mark the end of your marriage? As painful as cheating is, it does not necessarily have to break your relationship. However, both of you will need to work very hard at repairing your strained relationship. If you want to restore your relationship after the case of cheating, you must be prepared to travel a long and difficult road. You must be ready to go to great lengths to heal the deep wounds that cheating inflict.

[Is he cheating?](#) Maybe you would like to restore your marriage but you do not know how to bring back the things that have gone out of hand. Also, there are other powerful strategies, watch the FREE video here: [the magic of making up](#)

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