

Lovemaking Secrets: How to Find Your Inner Sex Goddess

Lovemaking is one of the biggest joys in life. Yet many big beautiful women don't enjoy this essential part of their relationships to its fullest. Many big beautiful women have major self-confidence issues when it comes to great lovemaking. Their negative body image puts up a big mental roadblock in their path to great sex.

Voluptuous women can enjoy making love to a man without the inhibitions forced on them through negative media and body image. Passionate lovemaking is not the sole province of the skinny.

Great sex is possible regardless of size if you know the lovemaking positions and techniques that will work best for you. Making love as a big beautiful woman isn't rocket science; it just takes some practice and experimentation – both of which can be lots of fun!

At some time or other we've all seen products claiming to be some great sex secret, or heard of someone asserting that they know THE great sex tip. The fact is that having great sex isn't a mystery. Self-confidence is sexy; and almost no man alive can resist a woman who is ready, willing, and able.

Most sexual relationships ebb and flow in intensity over time, but too often as other concerns intrude, couples find themselves in a sex-starved marriage. This can be the result of many factors, but often body images play a big part. The ideal female body image has changed over the centuries, proving one important fact. There is no one ideal body image. There is only what is popular at the moment.

Building self-esteem is a great cure for negative body image, but how is that accomplished? First of all, remember that your partner is there with you. It's a free country, so this must be where he wants to be! That gives you a huge advantage right away.

Now that you have your man at your side, how can you change the usual "sex after marriage" in to high-octane passionate lovemaking?

First of all, you must leave your negative baggage at the boudoir door – or put it out with the trash! Your man is there with you; take advantage of him – literally. What woman doesn't enjoy being seduced? NONE! Guess what, men enjoy it too. Everyone wants to feel desirable, and that includes your man. Let him know how much you desire him by seducing him for a change. Get yourself and the boudoir ready for an evening of great lovemaking. Making love to a man can help you recognize your seductive powers, and it will make him feel great too. That's really the greatest lovemaking tip ever!

Next, try out some great sex positions until you find your favorites. You could make a point of trying out one new position every week. Big women have a real advantage when it comes to making love – they're built for comfort, not speed. And as we all know, speed isn't the goal in great sex!

Big beautiful women are blessed with soft, cuddly curves. Use those curves when you're making love. Build self-esteem by learning to recognize how much your lover enjoys your curves.

Sex in marriage should be great sex. By paying some extra attention to your man, and making him feel good about himself, you'll increase his attention toward you. The more great sex you have, the more great sex you'll have.

The key to making good love is to keep your sense of humor and your sense of adventure. These are the best lovemaking tips and lovemaking techniques you can try.

Release your inner BBW sex goddess, and start enjoying some truly passionate lovemaking!

Short note about the author

Andrea Rains Waggener & Nancy Anne Eltrich are co-authors of A Big Beautiful Woman's Guide To Great Sex. They offer more BBW lovemaking tips at <http://www bbwguidetolovemaking.com>

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