

Modafinil - Medication For Excessive Sleepiness Issues

Next to helping with narcolepsy, Modafinil Europe was also observed to reduce the need to sleep for healthy individuals, improve memory and restore brain cognition.

In order to combat excessive sleepiness issues like narcolepsy, the pharmaceutical companies developed the drug Modafinil. Popular brand names include Provigil, Modalert and Waklert. After discovery of Modafinil, it was noticed that besides keeping you awake it also had a few interesting 'side effects'. Test subjects exhibited cognition enhancement, improved concentration, memory and alertness. These powerful effects made it popular and competitive with amphetamines.

Nowadays [Modafinil](#) is more known for these cognition enhancing effects, than the original use as a drug for narcolepsy. Cognition enhancing drugs work on the neural processes that underlie such mental activities as perception, memory, learning, attention, planning and decision-making. They work by slightly changing the balance of neurotransmitters in the brain which are involved in these fields. The substance inhibits the peripheral simulation of the central nervous system, thereby increasing alertness and focus. This results in more productivity while varying out complex and repetitive tasks.



Recently, the consumption of Modafinil has spiked in work areas where cognitive endurance and agility are of utmost importance. Modafinil has found use among students and professors at universities, entrepreneurs and company executives. Also for people with lack of sleep or unregular sleeping pattern, like parents of young children to [Buy Modafinil](#), it has shown to be very potent.

Ten years ago, the leading scientific journal Nature did a survey among 1400 of its readers, which are mostly

scientific. 20% responded that they are taking or had taken cognition enhancing drugs like Modafinil or Ritalin. The reasons given for its use were stimulation of focus, memory and concentration. The results of Nature match the results of professor of clinical neuropsychology at Cambridge University, Barbara Sahakian. Sahakian found that of students in some US top universities 17% were taking enhancing drugs like Modafinil (also known as Provigil) and Ritalin. Professor Sahakian explains why healthy people are taking these types of cognition enhancers: "Studies have found that enhancers like modafinil brought improvements in complex planning and problem-solving tasks, namely the executive functions in the front part of the brain."

Modafinil does not cause intense euphoria and hence, is not known to cause any physical addiction. Studies also show that there is no increase in blood pressure, no withdrawal or long-term side effects.

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