





Myths about Acupuncture


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- 1 No Scientific Basis**


Acupuncture may be a form of alternative medicine, but peer reviewed studies have found that acupuncture treatments do correlate to a reduction in the patient's perceived levels of pain.
- 2 Needles Not Safe**


Acupuncture needles come in sterilized, sealed, packages. The needles are only used once. After use in treatment the needles are treated as medical waste and properly disposed of.
- 3 Acupuncture is Painful**


Typically, acupuncture is nearly painless. Acupuncture works, in part, to relax the body and restore balance. Causing pain is not an effective method for acupuncture treatment.
- 4 Acupuncture Is Done Regularly**


Every patient is different. Most patients need to receive a series of acupuncture therapies, but the sessions are typically once a week to once a month. Patients that need daily sessions are rare.
- 5 Anyone Can be an Acupuncturist**


A certified acupuncturist must complete four years of course work with a clinical internship of over 1,000 hours. Additionally, before receiving an acupuncturist license, applicants must pass an examination.

For more information about an acupuncture treatment visit Myung Mun Acupuncture & Oriental Medicine at :-
<https://plus.google.com/100923324972089266153/>

Many myths are been circulating around about the acupuncture therapy and the way its done. To get a clear knowledge read the articles and blogs by the [acupuncture Fairfax VA](#) professionals.

