

# Natural Remedies and Treatments Help Promote Emotional Healing

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## What Are Natural Remedies?

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that only a few decades ago, homeopathic, herbal and other natural medicines like tissue salts and flower essences were commonly available and freely used even by conventional doctors.

\* **Homeopathic remedies** treat the acute symptoms of a condition and stimulate the body to begin the healing process.

\* **Herbal remedies** work on the cause of the problem by improving systemic functioning and supporting the organ, body system or individual as a whole.

\* **Tissue salts**, which are also homeopathic, bring about harmony in the body as a whole by restoring balance.

\* **Flower Essences** address both emotional and mental aspects of wellness and work to rebalance energy to return order to chaos.

Natural medicines have a long history of usage and there is a wealth of empirical evidence to support their effectiveness and safety. In addition, active clinical research is carried out by many academic hospitals and universities to support the extensive traditional and empirical evidence behind natural medicines.

## Why Choose Natural Remedies?

As the systems of the body are interrelated, proper functioning and optimal health occurs when they are in balance and harmony. Therefore, it is important to consider all disturbances in these delicate systems and opt for a holistic approach to caring for the body. Many natural remedies work well together to provide increased support for many common conditions, as well as to support general well-being.

Provided that they are manufactured in the correct way, natural medicines can work quickly and safely to create holistic balance in the body to support systemic health, relieve ailments, and help prevent future disease.

In addition, due to their unique manufacturing method, most natural remedies do not produce negative side effects and will not interact with prescription drugs. Most homeopathic are even safely taken by all ages and during pregnancy.

## What Type(s) of Natural Remedies Should I Choose?

It often takes a combination of treatment methods to find a complete solution and unlike conventional medicine, [natural remedies](#) do not just mask symptoms, they get to the root of the problem, often using an herbal and homeopathic approach.

Using herbal and homeopathic remedies together is therefore a very powerful way to both support health and effect healing at the same time without risking side effects.

A complete solution for wellness may include a combination of homeopathic and herbal remedies, tissue salts and flower essences to combat physical, emotional or psychological health problem(s) and restore balance in the body to provide both short-term symptomatic relief and improve body function for long-term health.

## Why Choose Native Remedies?

We are the market leader in specially formulated, compound natural remedies, delivering a unique dual-modality approach for complete holistic wellness by offering OTC homeopathic remedies for relief of symptoms as well as compound herbal remedies for natural support and enhancement of body structure and functions.

Native Remedies thus provides the tools to both manage and mitigate symptoms for immediate relief, while supporting systemic health for long-term wellness.

In addition, our remedies are manufactured according to the highest pharmaceutical standards using only the best quality raw ingredients from nature's medicine chest. Learn more about the Full Spectrum Method of extraction for full details and more reasons you should choose and trust Native Remedies.

Whatever your choice, always choose wisely. Research what is best for you. If you have a chronic or life-threatening condition, don't make changes without first discussing them with your doctor so that your condition may be monitored. Well informed and supportive practitioners will support patients who want to take responsibility for their own health.

### **About the Author:**

Tess Thompson is a Homeopathic Practitioner, Reflexologist, Certified Aromatherapist, and Herbalist who contributes regularly to Native Remedies, where you can find Guaranteed, [Natural Remedies](#) for a myriad of health conditions.

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