

Snags and How to Avoid Them When Getting Your Ex Back

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Have you ever got something caught in a zipper? Notice that no matter how you pull, it's almost impossible to keep zipping that zipper up or down. A breakup is like the thing that snagged your zipper, and just like a zipper, when a relationship ends continuing to pull the zipper in the blocked direction is going to be a struggle and can often ruin the zipper.

The efforts of pulling on the zipper to get it free are like communication with your ex when things have ended. The harder you try to continue pulling in the direction that the zipper got caught, the worse the situation is likely to get. When you continue calling your ex with hopes of getting back with him/her, you're ruining your chances of restarting your relationship.

The best way to get a zipper unstuck is to pull away and separate the loose item and usually zipping in the opposite direction before being able to continue zipping up or down. The same holds true for a rocky relationship. Pull yourself away from your ex and give him/her time as well as yourself. You'll be amazed at how much smoother getting your ex will be after about a month's time of distance.

Snags to avoid with your ex are things like "drunk dialing" or "text message terrorism." Both have a tendency to seem rational because how can your ex know how you still feel and how you're doing if you don't keep in touch? Well, he/she won't. That's okay because when you get the chance to make your reappearance, he/she will be shocked by how pulled together you managed to stay after the breakup.

When you keep up both those forms of communication you're setting yourself up for more snags in your zipper. If you're constantly letting your ex know how you're doing, he/she is less likely to miss you, he/she is going to see how vulnerable and desperate you became, and he/she is likely to get sick of you and will from that point on always see you as an irritant. This is not a good way to get your ex back. For more help please visit <http://www.themagicofmakingup.com>

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