

The Sexual Body Feelings and Erogenous Zones of Men

Learn about all the exciting sensual zones in the body of a man - both external and internal zones.

There is a widespread misunderstanding by many women, and surprisingly also by many men that boys and men only have sexual feelings in their penis, or even only in their penis head. The reason why many men also carry this misconception is probably that boys often are educated to suppress corporeal sensations and to be hard.

Many erogenous zones in men and boys are best activated when the body is relaxed, and the zones are stimulated in a gentle manner. Gentle stimulation of these zones in a relaxed state can give feelings of pleasure as strong as those in the penis, and can even result in some types of strong orgasmic reactions. Here is a survey of various erotic zones in the male body, and how to stimulate the sensations in these zones. You can stimulate yourself at these zones when masturbating, or your female or gay partner can do the stimulation work.

THE SCROTUM AND THE TESTICLES

The scrotal skin and the content of the scrotum, including the testicles, are sensitive to erotic stimulation. When stimulating these genital parts, take first hold of the scrotum with your whole hand, warming it inside your hand, and massaging it gently by gripping movements. Warming and handling the scrotum gives feelings in the whole genital region. Stimulation of the scrotum also increases the blood circulation and engorgement of all the genital organs around the scrotum. The testicles are best stimulated by gentle rolling movements with your fingers. Also tickle the scrotal skin with your finger tips. A part of the penis is actually hidden partly inside and partly behind the scrotal sack, by palpating with your finger tips between the testicles or at the side under the scrotum; you can massage this part of the penis. A sharp massage with your finger tips gives the most intense sensations to this hidden root of the penis.

THE BREAST NIPPLES AND THEIR SURROUNDINGS

The nipples of a man are important erogenous zones, and a man has tits just as a woman, although the tits of a man are smaller and flatter than those of a woman. Actually a man has all the structures that a woman has in his breasts, but they are not developed to have a milk producing capacity. This means that a man's breasts have the same erotic capacity as the tits of a woman. A man's nipples also have an erectile capacity. They rise and get hard upon stimulation. When stimulating a man's breasts, take hold of the breast with your whole hand, warming it inside your hand, and massaging it gently by gripping movements. To stimulate the nipples, massage gently around the nipples with a finger tip. Also squeeze the nipples with your fingers, varying the intensity from the very gentle nip to some harder pressure.

THE REGION BETWEEN THE PENIS AND THE ANUS

The visible penis is actually a part of a larger body beginning at the prostate region just in front of the anus, and reaches to the tip of the penis. The urethra also goes through this structure. The parts between your legs will engorge when you are sexually excited just as the penis, and when it engorges, the region bulges out between the legs. Upon mechanical stimulation, this area gives intense pleasurable feelings. You can stimulate this area by squeezing it between your fingers, pressing down against the urethra or massaging up and down along the urethra. You should change between gentle and a little harder handling, as these two manners give rise to different types of feelings.

THE NAVEL AND THE BLADDER REGION

The navel is an erotic point, and so are the structures in the middle of the belly between the navel and the penis. This structure contains a groove between the belly muscles. The structures in this groove are very sensuous, the

so called linea alba. The navel can be stimulated by sticking a finger into it, and by tickling with your finger deep down in the navel. Also here you should alternate between light, gentle, slow tickling, and harder sharper tickling. This stimulation give sensations that radiate out from the navel to the surroundings, and spreads downwards to the tip of your penis, giving a very funny feeling in your penis. The groove between the navel and the penis, you can stimulate by massaging up and down with the tip of your fingers.

THE BUTTOCKS AND ANAL SURROUNDINGS

The inner sides of the buttocks in the natal cleft give rise to deep erotic feelings with a very special intimate valor. Move your fingers up and down between the buttocks from the spine to the opposite end between the legs, and gently massage the inner side of each buttock with your finger tips. You can also concentrate your attention to the region deep inside the cleft very near the anus and tickle these most intimate points with your finger tips. Further you can stretch each buttock to the side so that the butt cleft opens, and the rectal opening is also stretched. The result of these manipulations is erotic sensations that radiate to the whole pelvic area, flow deep inside you and rise upwards along your spine.

THE ANUS AND THE RECTUM

The anal region is in many ways the real central of feelings in a man or boy. By stimulating this area in the proper ways, you can create a process that spread waves of intense feelings of joy, pleasure and ecstasy up through the whole body, partly forward to the genitals and belly region, and partly along the spine up to the neck. You best stimulate the rectal opening by very gentle circulatory movements with your finger tips. Alternate between these circulatory movements and the stimulation of the insides of the buttocks. You can also stick a smeared finger into the anal opening and stimulate by gentle movements in and out. By sticking your finger further inside, you can gently massage the inside walls of the anus. By adding some pressure, your stimulation reaches deep into the tissue around the rectum. All these stimulation give rise to profound feelings radiating to the whole body.

THE PROSTATE

The prostate lies just in front of the anus and the urethra goes through it. This gland produces much of the viscous fluid in the semen. You can stimulate it from the outside by pressing somewhat firmly with your fingers inward just in front of the anus. There is a deepening in this area, just like a little vagina. Press your finger into this groove and a little forward. You can also stimulate the prostate by inserting your finger into the anus and massage the prostate through the front wall of the anus. The massage releases prostate fluid. Feeling the fluid coming through your urethra and dripping out through you pee-hole, add to the physical excitement. Also the prostate have its own sexual feelings, and prostate massage combined with anal stimulation can induce a form of orgasm that has a much deeper psychological and ecstatic impact than ordinary penile orgasm.

Knut Holt is an internet marketer and author with a focus on health items and eroticism. To find more information about health, sexuality and other subjects, and to see interesting product presentations, please see his web-site.

<http://www.abicana.com>

-----Free to reprint with the author's name and link.

Author: aquila

Article downloaded from page eioba.com