

## Top 5 Advantages of Senior Home Care Mesa

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### Home Care or Care Facility

The most difficult decision that you may have to take is to decide between a care facility and home care for your loved one. If you compare the pros and cons of both types of care, you will come to realize the many benefits that home care provides for seniors. From cost to independence of seniors, in home care in Mesa is the best choice in comparison.

### Advantages of home care

Home care means that the seniors receive care in the familiar surroundings of their own home. Depending upon the seniors' requirement, a part-time, hourly or 24 hour live-in caregiving schedule can be constructed to meet the needs of the seniors.

Listed below are top 5 advantages that make senior home care Mesa better than any care facility.

1. **Familiar surroundings** - The topmost advantage that makes in home care better than any care facility is the familiar surroundings and atmosphere. Many seniors prefer to age at home because it gives them the confidence and self-assurance that can only come where they can manage independently most of the time. This is especially important for the elderly suffering from mental disorders like dementia and Alzheimer's. The familiarity of their own home is not only effective for them in improving their condition, it is also much safer as there are lesser chances of them being lost in a familiar neighborhood.
2. **Personalised Care** - Unlike any care facility, your loved one gets more individual attention and personalized care. Home Care Mesa offers customized care plans to suit the needs of the seniors. Not all seniors need full time care and supervision. Sometimes, all they need is a little bit of help with some daily chores and companionship. Moreover, seniors who need specialized care like stroke recovery or Parkinson's can especially benefit from having an in-home caregiver who can provide the maximum assistance needed in such situations.
3. **Medication Reminders and Quick Recovery** - The biggest concern you may have about your loved is that they may forget to take their medication on time or they may take an overdose. Having a compassionate live-in caregiver from Chandler home is essential as there will always be someone around to timely remind seniors to take their medication. Having a caregiver around also helps a senior to recover and heal more quickly if they are recovering from some medical condition.
4. **Enhanced Independence** - The reason many seniors resist going to care facilities is the fear to lose their independence. The best part about aging at home with help of a kind and professionally trained caregiver is that the elderly do not have to compromise their independence at any stage. In fact they experience more independence as the seniors are encouraged to be more active socially and be more active. The seniors can actually move around with enhanced freedom and confidence with someone to assist them and accompany them when needed.
5. **Family Interaction** - Another noteworthy advantage of [Mesa home care](#) is that it allows seniors to age in place along with making it easy for the family and friends to be an integral part of a senior's life which is not possible at a care facility.

Overall, home care is a better choice for seniors both emotionally and physically.

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