

Types of Bikini Waxing

If you've ever been troubled by the appearance of unwanted hair in your bikini region, you might want to consider waxing. Although this method of hair removal has scary reputation, it is actually quite safe and comes with many benefits.

Not only is the painful part of the procedure over quickly, but it also banishes hair for three to eight weeks and prevents it from growing back in a thick manner. This is because waxing is a method of epilation; with other words the hair is removed beneath the skin's outer layer.

Due to the sensitivity of the bikini area, waxing is best done by a professional, or esthetician. Don't be ashamed about making an appointment; salon staff members have seen it all. Make sure to indicate whether you want a basic bikini or a Brazilian wax.

Basic bikini wax just removes the pubic hair that might poke out the sides of your swimsuit bottom. The Brazilian wax, on the other hand, removes all hair from the pubic area, including the labia and the buttocks. In either case, warm wax will be applied to the desired region, followed by a strip of fabric. When the wax cools, both the fabric and the wax will be quickly ripped off against the direction of hair growth. Done properly, the pain will be minimal, and the redness should subside in a few hours.

People with diabetes should consult with their physician before undergoing such a procedure, since they are more prone to infection in the off chance that their skin is torn during wax removal. Anyone with a skin condition-such as rash, warts, or pimples should wait until their skin is clear before getting a wax. Otherwise, they run the risk of damaging their skin.

Short note about the author

Ivan Nikolov, a fitness and physique model and top five natural bodybuilder, shares with you everything he has learned about hair removal - the essential procedure every model knows a lot about. Visit his web site <http://www.hairremovalproductreviews.com> to find out what consumers report are the best hair removal procedures and tools.

For more free information and consumer reviews on waxing products visit the "Bikini, Brazilian, Legs Waxing" page at his web site.

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