

## Viagra: A Synonym for Satisfaction

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Viagra or sildenafil citrate is the most popular drug in the history of the pharmaceutical industry, no drug has ever received such rave review and success as it did. There is hardly any person today who does not know what the drug is meant for. It was approved on March 27, 1998 by the U.S. Food and Drug Administration, after which it received widespread popularity as it proved to be an effective drug for the treatment of sexual health problem in men called erectile dysfunction (ED) or impotence.

ED is generally a weak condition of penile muscle and man suffering from it could not get or maintain penis erect enough for the process of sexual intercourse. If not treated on time, ED may lead to low self-esteem, sexual failure anxiety, depression, stress, guilt and relationship conflicts.

Use of Viagra gives relief to men suffering from ED. It is an oral prescription medicine that not only helps a man to get an erection but also helps in maintaining it throughout the process of sexual intercourse.

Viagra belongs to a group of drug called phosphodiesterase inhibitors. Sildenafil citrate attaches to the enzyme called phosphodiesterase-5 and disable most of it, it further helps the arteries in the penis dilate fully, resulting more blood flow to the penis making it erect.

Viagra should be taken half or an hour before sexual activity and needs a little stimulation. Its dose varies from person to person but the usually recommended daily dose is 50mg. Its effectiveness remains in the body up to four hours and you should not take more than a single dose per day.

However, you should be keep in mind that the use of Viagra may cause some side effects, such as headache, flushing, stomach upset, diarrhea, stuffy nose, blurred vision, colour blindness of blue and green, and increased light sensitivity. Some user may experience prolonged abnormal, painful erections medically known as priapism, if such problem persists for longer period, user must consult a doctor immediately.

If you are hesitant enough to buy Viagra form the counter, buy Viagra online. It is safe and cost effective. Online pharmacy gives you free online consultation, safe and secure shipment of the drug to your doorsteps, but always ensure that the online pharmacy and the online physician be state license holder. Above all, online Viagra pharmacy will protect your identity from being revealed, so you will remain anonymous throughout the buying process.

So, if your life has been spoilt by ED, you can enhance your sexual vitality with Viagra. But Viagra and use it sensibly to regain the lost sex drive and add up more happiness in your married life.

### Short note about the author

Daniels Charles, an associated editor to Eupharma.co.uk, is a contributing author to the <http://www.eupharma.co.uk> for distinct article sites/journals. Please feel free to visit <http://www.eupharma.co.uk> for more information on General Health related issues. Or write to him at [eupharma.co.uk@gmail.com](mailto:eupharma.co.uk@gmail.com). Any comments and /or suggestions will be highly appreciated.

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