

## Your Ex is Dating Someone Else: What You Can Do Now

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After you have been dumped, it can be hard to get over your ex. You try hard to convince them to give you a second chance so when you are doing all this, it can be rather difficult to see them dating someone else, moving on in their life without you in it. You can either do first; you can fly off the handle like a nut or you can keep it together and try not to show any emotion about it. There are several tips to help you deal with this blow to your ego.

Remember to relax and take some deep breaths. You have to understand that this is not the end of the world. When a breakup occurs, it's normal for them to date other people. You may not see it but it really does help you. So keep calm about their dating other people.

Try to remember that ninety percent of those rebound relationships typically do not last. They are usually taken up to relief some stress. They are generally no connections there although you may think there is. Often times, these relationships end before they can really get started.

However, this relationship tends to be a way to relief the stress that comes along with a terrible breakup. It's also a chance for a person to pull himself back together. If your relationship was very serious, those feelings of passion and life don't just go away when times are hard. No, he or she may have dumped you because things got muddled and the bumps in the road were much easier to see then the better times. That doesn't mean he or she doesn't love you anymore. So what should you do to convince them to give you a second chance?

Give them some space they need to think. Let them live their lives without you for some time even if this means they are dating someone else. He or she still has feelings to get a grasp on. They need to feel like they can move on in life without you but you also want them to realize that life isn't worth living without you in it. Your ex can't do that with you around. He or she can feel this when they find themselves open to what people think of their flaws and problems.

While you are letting him or her work on their life, you can also do the same for you. You can work on yourself while they are doing the same. Before long, the agony of being without you is unbearable and having you back in their life sounds better than ever. If you want them to give you a second chance, make them see how important you are by not being there for them.

You don't have to put a lot of effort into getting their attention but date other people yourself. By dating other people, whether they know it or not; a way to soften them. Remember if you want them to give you a second chance, you need to show them how important you are from afar even though they're dating someone else now.

Teecee Go writes articles focusing on helping people save their marriage and anyone treasure relationship dearer. You can find helpful information at <http://www.BreakupCures.com/GetExBack.php> Win your ex back sounds impossible? The fact is thousands have benefited by visiting <http://www.TheMagicOfMakingUp.com>

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Author: Teecee Go

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