

## Zenegra the most popular option among men suffering from ED.

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If you are the one who are suffering from weak or feeble erection, and your love life is going through a dark patch.

Then, you don't have to worry anymore, as there is an effective treatment, which will help you bring your sexual life back to normal. Zenegra is one such oral medication that helps to overcome the impotence issue and have an active sexual life again.

Zenegra is the best and the most popular option available to treat ED issues. It is a generic version of branded medicine Viagra. This medicine is very effective and treats impotency within 45 minutes post its administration. It has Sildenafil Citrate, as the active pharmaceutical component. This drug is pre-approved by the Food and Drug Administration (FDA). It is a potent PDE5 inhibitor and has proven results in numerous men. Its efficacy rate is more than 96%. This medicine Zenegra is special because it is manufactured by a special technique of reverse engineering of the active ingredient Sildenafil Citrate. The standard dose is 100mg, however, the dose varies depending on the age and medical history of an individual. But, it is mandatory to seek medical confirmation before using this prescription drug.

As soon as one consumes Zenegra, the main ingredient Sildenafil Citrate starts its work by inhibiting the PDE5 enzyme. Inhibition of this natural enzyme causes elevation in the levels of nitric oxide and cGMP enzyme. These compounds are responsible for dilation of arteries and relaxation of the penile muscles. This way blood flow increases to the male reproductive region and leads to rigid and hard erection which last longer. Therefore, after consuming Zenegra it is possible to achieve stiff, long-lasting erection. The effect of this drug stays for four to five hours, giving you enough time to engage in sexual activities.

The standard dose is [Zenegra 100mg](#), once a day. But, the use of this prescription medicine is advised once you have a medical consent. Ingest this anti-impotence pill once a day with glass of water. Ensure to consume the dose an hour before sexual act. Do not repeat the dose within 24 hours. Do not chew, crush, or split the tablet. Take the medicine with glass of water. Do not overdose. Store the medicine at room temperature, and do not expose it to direct heat and moisture.

Those who are hypersensitive to any component such as Sildenafil Citrate or other ingredients, should avoid the usage of this medicine. It is important that your doctor is aware of your medical history or any current health issues, while prescribing you this medicine. Moreover, tell your doctor in advance about any ongoing medicine and treatments to avoid drug interaction and its side effects.

Do not have heavy and fatty meal with this anti-impotence drug. Avoid alcohol, nitrates, and alpha-blockers, if you are under this medication, as it might reduce drug effect and can lead to serious health issues. The common side-effect of Zenegra is dizziness and hazy vision, therefore avoid risky activities after the dose. If you experience any side effect such as headache, nausea, vomiting, blurred vision, rash, etc., then wait for few hours, as the body takes time to get accustomed to the drug. In case the side effects persist for more than a few hours, then seek medical assistance immediately.

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